

## **José Viña**

Was born in Valencia, Spain in 1953. After pursuing his studies in Medicine at the University of Valencia, and doing research work under the auspices of Prof Hans Krebs (Krebs cycle) in Oxford, he obtained his PhD in 1976. After teaching Physiology at Extremadura University (Spain) he returned to Valencia and took up his position as Professor of Physiology at the University of Valencia where he still works. Here Prof Viña combines his teaching duties with research work, the latter in two main lines: Ageing and exercise.

José Viña leads a successful research group working on different aspects of oxidative stress with whom he has won numerous prizes for research work; he has published widely on glutathione, mitochondria, oxidative stress, free radicals and nutrition.

José Viña keeps fit by regularly playing tennis and sailing. He collects fountain pens and listens to classical music when the world of Science and sports gives him the opportunity.

### **Honors**

- Boehringer prize for best research work in Biochemistry developed in Spain. (For scientists under the age of 35, 1985) Awarded by the Spanish Biochemical Society. 1985.
- National Research Prize in Biomedicine awarded by the National Academy of Medicine of Spain for research on Aging. 1998
- Spanish Society of Geriatrics and Gerontology Prize for research in Geriatrics and Gerontology (2004) Awarded by the Sociedad Española de Geriátría y Gerontología, June 2004
- 10th Edition of the Alberto Sols ex aequo prize for research) Awarded by the Ilmo. Ayuntamiento de Sax (Council of Sax), November 2004
- 8th edition of awards presented by 3M Foundation for Innovation) (Research in Alzheimer's disease) awarded by Fundación 3M, July 2006
- Prof. Viña was made Honorary Fellow of the Academy of Medicine of Torino, Italy on 14.12.07
- Prof. Viña was made Doctor Honoris Causa of the University of Buenos Aires, Argentina, in November 2008.