
ROSSINI, PIERRE GILBERT

PSYCHOLOGIST, PSYCHOTHERAPIST, PHD
STUDENT, SEXUAL CONSULTANT

DOB: 21/09/1991



PIERREGILBERT.ROSSINI@UNITO.IT



+39 338/7805255



LINKEDIN

PIERRE GILBERT ROSSINI

SKILLS

Clinical Psychology, Psychotherapy
Psychotraumatology
Neurophysiology (EEG, TMS, rTMS)
Sexological Counselling
Research Management
Teaching



CURRENT POSITIONS

PHD FELLOW IN MEDICINE AND EXPERIMENTAL THERAPY - UNITO

November 2021 - Present

Neural correlates of dissociation in Anorexia Nervosa investigated with EEG (Prof. Luca Ostacoli, Unito, Torino)

Study of the therapeutic process and outcomes of a Brief Psychotherapy intervention in young adults with identity-related difficulties, using the Control Mastery Theory model (Prof. David Kealy, UBC, Vancouver)

FREELANCE PSYCHOLOGIST – CENTRO CLINICO CROCETTA

September 2024 – Present

Cognitive-evolutionary psychotherapies

FREELANCE PSYCHOLOGIST – PHARUS PSYCHOLOGY CENTER TURIN

February 2022 – Present

Cognitive-evolutionary psychotherapies

EXPERT IN CLINICAL PSYCHOLOGY (M-PSI/08)

November 2022 - Present

Program in Medicine and Surgery

University of Turin

TEACHING ASSISTANT (M-PSI/08)

September 2022 - Present

Department of Clinical and Biological Sciences

University of Turin





CLINICAL ACTIVITY

PHARUS PSYCHOLOGY CENTER - TURIN

February 2022 – Present

Psychotherapies, cognitive assessments, personality assessment

FREELANCE PSYCHOLOGIST - TURIN

September 2019 – Present

Psychotherapies, cognitive assessments, personality assessment

TRAINEE IN PSYCHOTHERAPY – MENTAL HEALTH CENTER VIA PETITTI 24 – ASL TURIN

February 2022 – December 2022

Evolutionary cognitive psychotherapies

TRAINEE IN PSYCHOTHERAPY – CLINICAL PSYCHOLOGY CITY OF HEALTH AND SCIENCE MOLINETTE – TURIN

May 2022 – December 2022

Evolutionary cognitive psychotherapies

SCHOOL PSYCHOLOGIST – MONT ROSE B SCHOOL INSTITUTION

February 2022 – December 2022

60-hour project.

Supervision of teachers, training and interventions on the classroom.

PSYCHOLOGIST – ALICE VDA ONLUS

January 2019 – February 2022

Neurorehabilitation in stroke patients, cognitive recovery groups in stroke patients, Autogenic Training groups, Covid-19 Support Desk.

SCHOOL PSYCHOLOGIST – MONT ROSE B SCHOOL INSTITUTION

April 2021 – June 2021

25-hour project.

Teacher training on complex case management (Motivational Systems, Attachment, Neuroception and Trauma).

Intervention on classes: functional analysis of emotions, expression, and emotional regulation.

PSYCHOLOGIST – ALICE VDA ONLUS

January 2019 – February 2022

Neurorehabilitation in stroke patients, cognitive recovery groups in stroke patients, Autogenic Training groups, Covid-19 Support Desk.

SCHOOL PSYCHOLOGIST – MONT ROSE B SCHOOL INSTITUTION

April 2021 – June 2021

25-hour project.


Teacher training on complex case management (Motivational Systems, Attachment, Neuroception and Trauma).

Intervention on classes: functional analysis of emotions, expression, and emotional regulation.

JUNIOR CLINICAL CONSULTANT – BEHIT - BARCELONA

December 2020 – December 2021





Clinical consultant for the development of mental health technologies (app and software).

TRAINEE IN PSYCHOTHERAPY – AUSL VDA

September 2019 – December 2021

Psychotraumatology Unit, Neurorehabilitation Unit, Child Neuropsychiatry. Therapies, cognitive assessment DSA, psychological support.

LITERATURE TEACHER - COURMAYEUR

September 2019 – June 2020

Teacher of Italian, history, and geography.

LITERATURE TEACHER - MORGEX

January 2017 – June 2017

Teacher of Italian, history, and geography.

TRAINEE IN PSYCHOLOGY – CENTRO PUZZLE TORINO

October 2017 – June 2017

Using the Eye Tracker to assess emotional recognition in patients with head trauma.

TRAINEE IN PSYCHOLOGY – MOLINETTE HOSPITAL TURIN

April 2015 – October 2016

Cognitive evaluation of patients with glioblastoma multiforme (MME, MOCA, FBA, BVN).

RESEARCH ACTIVITY

VISITING PHD STUDENT - UNIVERSITY OF BRITISH COLUMBIA, CANADA - DEPARTMENT OF PSYCHIATRY

MAY 2024 – AUGUST 2024

May 2024 – August 2024

Supervisor: Prof. David Kealy

Study of the therapeutic process and outcomes of a Brief Psychotherapy intervention in young adults with identity-related difficulties using the Control Mastery Theory framework.

PHD STUDENT – UNITO - DEPARTMENT OF CLINICAL AND BIOLOGICAL SCIENCES

November 2021 – Present

Supervisor: Prof. Luca Ostacoli

- Study of the therapeutic process and outcomes of a Brief Psychotherapy intervention in young adults with identity-related difficulties using the Control Mastery Theory model (in collaboration with UBC, Canada).
- Randomized Clinical Trial to study the clinical and neural correlates of Meaning-Centered Therapy and EMDR in the treatment of complicated grief in relatives of terminal patients.
- Validation of two compassion-based mindfulness techniques for screening dissociative symptoms in patients with Anorexia Nervosa.
- Validation of the Italian version of two questionnaires for measuring dissociation (MDI, DCI).
- Randomized Clinical Trial to evaluate the efficacy of EMDR and CBT in the treatment of depression.
- Controlled Clinical Trial to assess the efficacy of Infra-Low Neurofeedback in the treatment of Simple PTSD.

RESEARCH ASSISTANT – UNITO - DEPARTMENT OF CLINICAL AND BIOLOGICAL SCIENCES

October 2020 – September 2021

Implementation of the TMS-EEG technique to evaluate the cortical effects of psychotherapies (EMDR, CBT) for depression and related trauma syndromes.



RESEARCH ASSISTANT – INSTITUTE OF PSYCHIATRY, PSYCHOLOGY AND NEUROSCIENCE – KING’S COLLEGE LONDON

July 2017 – April 2019

TMS-EEG to evaluate the cortical effect of a new antiepileptic drug (XEN1101, Xenon Pharma); EEG_fmRI to evaluate epileptic patients and relatives. Data acquisition and analysis, recruitment, research management, critical literature review, poster presentation.

RESEARCH ASSISTANT – QUTIOENT SCIENCE - NOTTINGHAM

July 2018 – September 2018

TMS-EEG to evaluate the cortical effect of a new antiepileptic drug (XEN901, Xenon Pharma).

TRAINEE IN PSYCHOLOGY – CENTRO PUZZLE TORINO

October 2017 – June 2017

Using the Eye Tracker to assess emotional recognition in patients with head trauma.

TRAINEE IN PSYCHOLOGY – MOLINETTE HOSPITAL TURIN

April 2015 – October 2016

Cognitive evaluation of patients with glioblastoma multiforme (MME, MOCA, FBA, BVN).

OTHER EXPERIENCES

HUMANITIES TEACHER – COURMAYEUR MIDDLE SCHOOL

September 2019 – June 2020

Teacher of Italian, history and geography.

HUMANITIES TEACHER – MORGEX MIDDLE SCHOOL

January 2017 – June 2017

Teacher of Italian, history and geography.

EDITORIAL CONSULTANT - TRECCANI

April 2016 – September 2016

Creation of online lessons for the e-learning platform T-Scuola Treccani.

EDUCATION

QUALIFICATION AS PSYCHOTHERAPIST

May 2023


Centro Clinico Crocetta, Turin

Registered in the Register of Psychotherapists of Valle d'Aosta (N° 02/296)

PHD PROGRAM IN EXPERIMENTAL MEDICINE AND THERAPY MEDICINE - UNITO

2021 - 2024





Four-year PhD Course in Medicine and Experimental Therapy –Effectiveness Studies of Psychotherapy, Neurobiology of Emotions

SPECIALIZATION IN COGNITIVE EVOLUTIONARY PSYCHOTHERAPY – CENTRO CLINICO CROCETTA TORINO
2019 – 2022

Evolutionary and constructivist cognitive psychotherapy, Traumatology, Sexology

QUALIFICATION AS PSYCHOLOGIST - UNITO

2019

Registered in the Register of Psychologists of Valle d'Aosta [n 02/252]

SUPPLEMENTARY CREDITS COMPETITION CLASS A -18 - UNITO

2019

24 CFU Sociology, 24 CFU Pedagogy, qualifying path 24 CFU

POSTGRADUATE INTERNSHIP TO QUALIFY AS PSYCHOLOGIST – KING'S COLLEGE LONDON

2017 - 2019

Institute of Psychiatry, Psychology and Neuroscience – Richardson Lab

MASTER'S DEGREE IN PSYCHOLOGY- UNITO

2015 - 2017

Sciences of Body and Mind; Thesis in Neurorehabilitation: severe brain injury and emotions: an Eye Tracker study [Prof. Zettin]

Score: 110/110 laude

FACULTY TRANSITION - UNITO

2013 - 2015

Integration of 84 College Credits in Psychology (Psychology, Psychiatry, Neuroscience)

BACHELOR'S DEGREE IN PHILOSOPHY - UNITO

2012 - 2013

Thesis in Bioethics: Precarious lives. Themes of philosophy of gender identity [Prof. Mori]

Vote: 104/110

CLASSICAL HIGH SCHOOL DIPLOMA – 2010

SIDE EDUCATION

WINTER SCHOOL – ITALIAN SOCIETY OF COGNITIVE AND BEHAVIORAL THERAPY (SITCC)

March 2024

3-days intensive workshop on “Research in Psychotherapy”



THREE YEAR SPECIALIZATION COURSE IN CONTROL-MASTERY THEORY

January 2023– Present
Control-Mastery Theory Italian Group

FORMATION IN SHORT TERM CONTROL-MASTERY THEORY

May 2023
Control-Mastery Theory Italian Group

TRAINING COURSE FOR THE ADMINISTRATION AND INTERPRETATION OF PERSONALITY WITH THE MILLON CLINICAL MULTIAXIAL INVENTORY – III (MCMI III)

November 2022
CEPOSS

BIENNIAL MASTER'S IN CLINICAL SEXOLOGY – CROCETTA CLINICAL CENTER

January 2022 – Present
Crocetta Clinical Center

MASTER IN PSYCHODIAGNOSIS – ADMINISTRATION OF THE RORSCHACH PERSONALITY TEST (R-PAS METHOD)

December 2022
Crocetta Clinical Center

MASTER IN DIAGNOSIS AND TREATMENT OF SPECIFIC LEARNING DISORDERS (SLD)

July 2022 – February 2023
Crocetta Clinical Center

EYE MOVEMENT DESENSITIZATION AND REPROCESSING (EMDR) LIVELLO II° - TORINO

July 2022
EMDR Institute

BIENNIAL MASTER'S IN SEXUAL COUNSELLING – CROCETTA CLINICAL CENTER

January 2020 – May 2022
Crocetta Clinical Center

INTERNATIONAL CLINICAL TMS CERTIFICATION COURSE - MAASTRICHT

March 2022
Maastricht University

EYE MOVEMENT DESENSITIZATION AND REPROCESSING (EMDR) LIVELLO I° - TORINO

March 2022
EMDR Institute

NEUROFEEDBACK BASIC COURSE – THEORY AND APPLICATIONS - VIENNA





TMS-EEG SUMMER SCHOOL – AALTO UNIVERSITY - HELSINKI

May 2018

Workshop, Poster presentation [Prof. Ilmoniemi]

AUTOGENIC TRAINING OPERATOR QUALIFICATION – ECAAT - VIENNA

2015 - 2016

European Committee for Autogenic Training [Dr. Palladino]

TEACHING ACTIVITIES

TRAINING PROGRAM "EFFECTIVE COMMUNICATION" WITHIN THE PROJECT "LET'S TALK ABOUT SEX," EMSA, UNIVERSITY OF TURIN (29/03/2024)

TRAINING PROGRAM "EFFECTIVE COMMUNICATION" FOR NEPHROLOGY SPECIALIZATION STUDENTS, UNIVERSITY OF TURIN (14/03/2023)

TRAINING PROGRAM "EFFECTIVE COMMUNICATION" WITHIN THE PROJECT "LET'S TALK ABOUT SEX," EMSA, UNIVERSITY OF TURIN (31/01/2023)

TEACHING ASSISTANT IN THE COURSE "PSYCHODYNAMICS OF MENTAL DISORDERS" – UNITO (M-PSI/08; 2022/2023)

TEACHING ASSISTANT IN THE COURSE "CLINICAL PSYCHOLOGY II" – UNITO (M-PSI/08; 2022/2023)

CERTIFICATIONS, AWARDS

CERTIFICATE OF FULL KNOWLEDGE OF THE FRENCH LANGUAGE – VDA REGION

2019

ECDL CERTIFICATE

2013

"GUARANTORS OF BRAIN" – TRAVEL GRANT

2019

995 £

GRADUATION AWARD - UNITED

2017

500 Eu

SCHOLARSHIP - EBINAT

2019

2000 EU



PUBLICATIONS

Malandrone F, Urru S, Berchiolla P, **Rossini PG**, Oliva F, Bianchi S, Ottaviano M, Gonzalez-Martinez S, Carli V, Valenza G, Scilingo EP, Carletto S, Ostacoli L. Exploring the effects of variety and amount of mindfulness practices on depression, anxiety, and stress symptoms: a longitudinal study on a mental health-focused eHealth system for breast and prostate cancer patients. *JMIR Mental Health*. 29/06/2024:57415 (forthcoming/in press)

Bovero A, Gottardo F, Tosi C, Pidinchetta A, Pesce S, Botto R, Caserta M, Ostacoli L & **Rossini PG**. Spiritual issues, beliefs, needs, and resources in palliative healthcare providers: An Italian qualitative study. *J Health Psychol*. 2024 May 13:13591053241253046. doi: 10.1177/13591053241253046. Epub ahead of print. PMID: 38738922.

Malandrone F, Catrambone V, Carletto S, **Rossini PG**, Coletti Moja M, Oliva F, Pagani M, Valenza G, Ostacoli L. Restoring bottom-up communication in brain-heart interplay after trauma-focused psychotherapy in breast cancer patients with post-traumatic stress disorder. *J Affect Disord*. 2024 Jan 26: S0165-0327(24)00190-3.

Ferrante, G.*, **Rossini, P.G.***, Rousset, S. et al. The emotional side of post-traumatic stress reaction during COVID-19 pandemic: an Italian survey. *BMC Public Health* 22, 333 (2022). <https://doi.org/10.1186/s12889-022-12749-1>.

Rossini PG, Ostacoli L, Pagani M, et al. The Neural Signature of Psychological Interventions in Persons with Cancer: A Scoping Review. *Integrative Cancer Therapies*. January 2022. doi:10.1177/15347354221096808.

Biondi, A., Rocchi, L., Santoro, V., **Rossini P.G.**, Beatch M.P., Richardson M.P. & Premoli I. Spontaneous and TMS-related EEG changes as new biomarkers to measure anti-epileptic drug effects. *Sci Rep* 12, 1919 (2022). <https://doi.org/10.1038/s41598-022-05179-x>

Premoli I, Beatch G.N., **Rossini G.P.**, Abela E., Posadas K., Green L., Yogo N., Goldberg Y.P., Richardson M.P. (2019) TMS-EEG and TMS- EMG to assess the pharmacodynamic profile of a novel potassium channel opener (XEN1101) on human cortical excitability, *Brain Stimulation* 12(2):459 DOI: 10.1016/j.brs.2018.12.494.

Rossini P.G., Premoli I, Beatch G., Abela E., Posadas K., Green L., Yogo N., Richardson M.P. (2019), TMS-induced oscillations to evaluate pharmacodynamics properties of a newly developed anti-epileptic drug (XEN1101), *Brain Stimulation*, 12(2):459-460 DOI: 10.1016/j.brs.2018.12.495.

Premoli I, **Rossini PG**, Goldberg PY, Posadas K, Green L, Yogo N, et al (2019). TMS as a pharmacodynamic indicator of cortical activity of a novel anti-epileptic drug, XEN1101. *Annals of Clinical and Translational Neurology*; 6(11): 2164–2174.

Premoli I, Kiraly J, Müller-Dahlhaus F, Zipser CM, **Rossini P**, Zrenner C, Ziemann U, Belardinelli P (2018). Short-interval and long- interval intracortical inhibition of TMS-evoked EEG potentials. *Brain Stimulation*; 11:818-827.

PEER-REVIEWS

“The acceptability of lifestyle medicine for the treatment of mental illness: perspectives of people with and without lived experience of mental illness”, *BMC Public Health*

“Dignity Enhanced through Faith & Family Support in Palliative Care: A Qualitative Study”, *BMC Palliative Care*



ABSTRACTS

Rossini P.G., Galigani M, Merola MG, Testa A, Garbarini F & Ostacoli L (2023), The neurobiological signature of Mindfulness-based interventions in Anorexia Nervosa, SPR International Annual Meeting, Dublin, Ireland.

Premoli I, **Rossini P.G.**, Posadas K., Green L., Yogo N., Abela E. & Richardson M.P. (2018). Non-invasive brain stimulation in commercial clinical trials, The 2018 UKCRF Network Conference, Leeds, UK.

Rossini P.G., Merola M., Pagotto L., Valenza G., Catambrone V., & Malandrone F. (2022), Heart Rate Variability and Eating Disorders: the clinical and autonomic signature of Mindfulness-based interventions, XXX Congresso Nazionale AIP 2022, Padova, Italia

POSTERS

Rossini P.G., Merola M., Pagotto L., Valenza G., Catambrone V., & Malandrone F. (2022), Heart Rate Variability and Eating Disorders: the clinical and autonomic signature of Mindfulness-based interventions, XIV Congresso Nazionale SPR-IAG, Cremona, Italia

Rossini P.G., Beatch G.N., Abela E., Posadas K., Green L., Goldberg Y.P., Premoli I. & Richardson M. P (2018)., A first-in-human Phase I study to assess the pharmacodynamic profile of a novel potassium channel opener (XEN1101) on human cortical excitability with TMS-EEG and TMS-EMG., Aalto University, School of Science, Department of Neuroscience and Biomedical Engineering, Helsinki, Finland.

Rossini P.G., Premoli I., Beatch G., Abela E., Posadas K., Green L., Yogo N., Richardson M.P. (2018), TMS-induced oscillations to evaluate pharmacodynamics properties of a newly developed anti-epileptic drug (XEN1101), The 3rd International Brain Stimulation Conference, Vancouver, Canada.

Rossini P.G., Premoli I., Beatch G., Abela E., Posadas K., Green L., Yogo N., Richardson M.P. (2018), TMS-induced oscillations to evaluate pharmacodynamics properties of a newly developed anti-epileptic drug (XEN1101), The 13th International Conference on Epileptology, Wien, Austria.

CONFERENCES AND TALKS

15th NATIONAL CONGRESS SPR-IAG – NAPLES

Italian Association of Psychology

October 2024

Free communication: "Listen to me: the patient's conscious coaching communications from the perspective of Control Mastery Theory"

CONTROL MASTERY THEORY INTERNATIONAL CONFERENCE

Control Mastery Theory Italian Group

September 2024

Talk: "Psychotraumatology and Control Mastery Theory: a possible integration"

32nd AIP NATIONAL CONGRESS – SALERNO

Italian Association of Psychology

September 2024

Contributions in Symposium:

"Mindfulness-Based Techniques to explore body mistrust in Anorexia Nervosa patients: a resting-state EEG study"

"The mediating role of compassion, resilience, and perceived social support on post-traumatic and depressive symptoms within Healthcare Workers operating in Afghanistan."

31st AIP NATIONAL CONGRESS – FLORENCE





Italian Association of Psychology

September 2023

Contributions in Symposium:

"The clinical and neural correlates of two Mindfulness-based techniques to inform Anorexia Nervosa psychopathology."

"One word, many faces: the Italian validation of Multiscale Dissociation Index (MDI)"

PIEDMONT PSYCHOLOGISTS' ASSOCIATION

October 2023

Speaker in the Course "New Perspectives in Grief Processing" with the presentation "The Contribution of Affective Neuroscience to Understanding Physiological and Complicated Grief."

54th SPR CONGRESS - DUBLIN

Society for Research for Research in Psychotherapy

June 2023

Poster Presentation: "The neural signature of two Mindfulness-based interventions in Anorexia Nervosa: a pilot EEG study"

14th NATIONAL CONGRESS SPR-IAG – CREMONA

Society for Research for Research in Psychotherapy – Italian Area Group

Novembre 2022

Poster Presentation: "Heart Rate Variability and Eating Disorders: the clinical and autonomic signature of Mindfulness-based interventions"

49th NATIONAL CONGRESS OF THE ITALIAN SOCIETY OF PSYCHIATRY - GENOA

October 2022

30th AIP NATIONAL CONGRESS – PADUA

Italian Association of Psychology

September 2022

"Mindfulness-Based interventions to assess the emotional response in subjects with eating disorder (ED) measured through Heart Rate Variability (HRV)"

MIND TO MOVE – MEDICINE AND LIFESTYLES - TURIN

May 2022

ITALIAN SOCIETY OF MEDICAL PSYCHOTHERAPY - TURIN

44th Congress – June 2019 Therapeutic alliance: Pill or word? The limit of discomfort and illness

BRAIN STIMULATION CONFERENCE – VANCOUVER

3rd International Brain Stimulation Conference – February 2019

Poster presentation: "TMS-induced oscillations to evaluate pharmacodynamics properties of a newly developed anti-epileptic drug (XEN1101)"

BRITISH NEUROSCIENCE ASSOCIATION - LONDON

BNA Symposium: Neuromyths – February 2018

ILAE - VIENNA

13th International Congress of Epileptology – September 2018

Poster presentation

KING'S COLLEGE LONDON - LONDON

Transcranial Magnetic Stimulation Symposium – September 2018





REFERENCES

Prof. Luca Ostacoli (Unito) – luca.ostacoli@unito.it

Prof. David Kealy (University of British Columbia) – david.kealy@ubc.ca

Dr. Sara Carletto (Unito) – sara.carletto@unito.it

Prof. Mark Richardson (King's College London) – mark.richardson@kcl.ac.uk

Dr. Isabella Premoli (King's College London) – Isabella.premoli@kcl.ac.uk

LANGUAGES

Italian- Mother tongue

French - Advanced

English - Advanced

IT Skills: MS Office, IBM SPSS, MATLAB, BRAIN VISION SUITE, EEGLAB, GRAPHPAD, CYGNET SOFTWARE FOR NEUROFEEDBACK, ERP RECORD FOR QEEG, VIVEPORT VIRTUAL REALITY.

NETWORKS

SITCC - ITALIAN SOCIETY OF BEHAVIORAL AND COGNITIVE THERAPY

February 2024

Correspondent Member

AMERICAN PSYCHOLOGICAL ASSOCIATION - DIVISION 17: SOCIETY OF COUNSELING PSYCHOLOGY

February 2024

ORDER OF PSYCHOTHERAPISTS- VALLE D'AOSTA

September 2023

No. 02/296

CONTROL-MASTERY THEORY ITALIAN GROUP

January 2023

Affiliate Member





SOCIETY FOR PSYCHOTHERAPY RESEARCH (SPR)

March 2023

Affiliate Member

SOCIETY FOR PSYCHOTHERAPY RESEARCH (SPR) – ITALIAN AREA GROUP

Agosto 2022

Affiliate Member

ITALIAN ASSOCIATION OF PSYCHOLOGY (AIP)

May 2022

Affiliate Member

ASSOCIATION FOR EMDR IN ITALY

March 2022

Ordinary Partner

ORDER OF PSYCHOLOGISTS - VALLE D'AOSTA

September 2019

No. 02/252

The undersigned **PIERRE GILBERT ROSSINI** pursuant to and for the purposes of articles 46 and 47 and aware of the criminal sanctions provided for in article 76 of the D.P.R. 28 December 2000, n. 445 in the hypothesis of falsity in acts and false declarations, declares that the information contained in this curriculum vitae, correspond to truth.

Turin, 20/07/2024

The undersigned,
Pierre Gilbert Rossini

